

The CPD log (below) enables you to record the professional learning activities you have undertaken. This record can be used:

- 1. As supporting material when you are required to give proof that you are keeping up-to-date with changes in your chosen field.*
- 2. To show, and record, that you are meeting the requirements of the CPD Road Map when applying for enhanced grades of WMSoc membership.*
- 3. To enable you to determine areas where further or more focussed training is required.*
- 4. To help prove to your customers, potential customers, employers and potential employers that you are committed to lifelong learning.*
- 5. To enhance your professional standing.*

By formally recording your learning activities, you will see rapid accumulation of CPD hours.

These records might also clarify your thinking about your career and may show you further objectives that would help you in developing your career.

CPD Points

CPD points are considered to be based on 1 point per 1 hour learning activity.

Members can accumulate CPD points by demonstrating activity in the following areas:

- 1. Work Based Learning (e.g. learning new techniques or solving technical problems)*
- 2. Formal Education & Training (e.g. attending relevant training courses or modules that include an assessment or certification)*
- 3. Events & Professional Activities (e.g. involvement in professional bodies, attending meetings, conferences, or industry webinars)*
- 4. Personal Development (e.g. independent research, reading technical journals or writing professional papers)*
- 5. Leadership & Mentoring (e.g. providing / receiving professional guidance)*

The CPD framework will help those members who wish to enhance their grade of membership of the WMSoc more quickly.

However, it is hoped that all members will find keeping formal records of their CPD activity to be both rewarding and justifiable.

SEE REVERSE FOR LOG SHEET

THIS CPD RECORD IS YOUR OWN PERSONAL RECORD. YOU ARE RESPONSIBLE FOR ITS UPKEEP.

WMSoc Continuing Professional Development (CPD) Learning Log:

NAME: _____ **JOB TITLE:** _____

WORKPLACE: _____

What training, learning or development activity have you undertaken?	Date of activity	Number of CPD hours	What did you learn from this?	How has this learning made a difference to your work and improved the way you work?